

Red

CONSUMER MAGAZINE OF THE YEAR
JUNE 2012 £3.90 www.redonline.co.uk

YOUR SUMMER STYLE CALCULATOR

50 WARDROBE
UPDATES FROM £5 to £500

17-PAGE BODY SPECIAL

LOSE
THOSE
LAST
POUNDS



The 3-course diet
The only 5 exercises you need
Stop the fat chat

CELEBRATE
SUMMER
Red's boutique
festival guide

WHY NOT?

Two words that
change your life

Mary McCartney

Family tales & fab
veggie feast

How to look like
you've had
8 hours' sleep

(When you totally have)

THE BODY-CONFIDENCE ISSUE

Penélope
Cruz

She's got it
WE WANT
A BIT OF IT



Global style ETHNIC CHARM

Infuse your rooms with tribal print and colour. Vibrant patterns and saturated shades bring the whole wide world home

Creative director MARY NORDEN Photographs POLLY WREFORD



ON FLOOR: METAL TABLE, £170, Paperchase ☒. CERAMIC JUG, from £10, Pimpernel & Partners. FLOWERS, from £25 for a small bouquet, Scarlet & Violet. ZEBRA-PRINT COW-SKIN RUGS, £395 each, Graham & Green ☒. WOOD SOFA, stylist's own. SEAT PAD COVERED IN NILLA COLOUR 05 COTTON, £29 per metre, Malabar. TURQUOISE MOHAIR THROW, £78, The General Trading Company. YELLOW WOOL THROW, £172, Sarl Honore at Darkroom ☒. **CUSHIONS, FROM LEFT:** PURPLE AND YELLOW COTTON AND VELVET, £69, Eva Sonaïke ☒. YELLOW AND PINK PATTERN COTTON, from £20 for six yards, Vogue Fabrics ☒. RED GEOMETRIC COTTON, £7, Asda ☒. YELLOW FLORAL COTTON, £75, La Petite Congolaise. BLACK AND WHITE VISCOSE AND COTTON COVER, £25, The Conran Shop ☒. ORANGE AND GREEN COTTON; GREEN AND PINK COTTON; ORANGE AND PINK FLORAL

COTTON, all as before, Vogue Fabrics ☒. RED GEOMETRIC COTTON, as before, Asda. YELLOW AND PINK SWIRL COTTON, £65, La Petite Congolaise. TWO YELLOW AND PINK PATTERN COTTON, both from £20 for six yards, Vogue Fabrics. RED CHECK LINEN, £58 per metre; YELLOW COTTON (behind), £37 per metre, both Designers Guild ☒. BLACK AND WHITE VISCOSE AND COTTON COVER, as before, The Conran Shop ☒. YELLOW AND NAVY COTTON, £75, La Petite Congolaise. YELLOW AND PINK COTTON PATTERN, as before, Vogue Fabrics. RED CHECK LINEN, as before, Designers Guild ☒. WOOD CUPBOARD, MIRROR, BEAKER AND LAMP BASE, all location's own. For a similar cupboard, try Victorian Pine. PLASTIC KETTLE, from £6.50, Rachel & Malika's ☒. PENDANT LIGHT, for similar, try Graham & Green ☒. SPRAYED IN SUPER SPRAY PAINT IN WHITE MATT, £6.95 for 400ml, Plastikote

